

## Acronyms for the Prevention and Treatment of Substance Use Disorders

Prepared by Mental Health Legal Advisors Committee  
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Acronym	Term	Definition	Source of definition	Notes
ABH	Association of Behavioral Health	A statewide association representing over eighty community-based mental health and addiction treatment provider organizations. ABH members are the primary providers of publicly-funded behavioral healthcare services in the Commonwealth,	ABH	
ACA	Affordable Care Act	Federal law on health care insurance with provisions relevant to SUD treatment	Federal law	
A-CRA	Adolescent Community Reinforcement Approach			
ACC	Assertive Continuing Care	Clinical case management service	Mass. DPH	

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ADF	Alcohol and Drug Free	Housing term	They may self identify with Mass. DPH. See <a href="http://www.mass.gov/eohhs/gov/departments/dph/programs/substance-abuse/addictions/drugs-and-alcohol/residential-facilities/adf-housing-registry/">http://www.mass.gov/eohhs/gov/departments/dph/programs/substance-abuse/addictions/drugs-and-alcohol/residential-facilities/adf-housing-registry/</a> .	ADF Housing, also known as sober housing or sober homes, are not regulated, license, or funded by BSAS
AOD	Alcohol and other dependence	A type of treatment	Insurance coverage term	
ATS	Acute Treatment Services	Short term treatment including detox	Mass. DPH	Length of stay averages 1 week.
ASAM	American Society of Addiction Medicine	Developed a widely recognized and utilized set of criteria to determine medical necessity	ASAM	
BSAS	Bureau of Substance Abuse Services	Bureau within DPH which licenses substance abuse treatment programs (e.g., day treatment, methadone programs). Directly funds a continuum of substance abuse treatment services including detox, step downs, residential rehabilitation, outpatient counseling, medication assisted treatment and community-based recovery support.	Mass. DPH	

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CARF	Commission on Accreditation of Rehabilitation Facilities			
CAS	Certified Addiction Specialist			
CBT	Cognitive behavioral therapy			
CHNA	Community Health Network Area)		DPH program	
COD	Co-occurring disorder			
CRA	Child Requiring Assistance	Replaces CHINS	Legislation regarding DCF	
CRAFFT	a mnemonic acronym	A behavioral health screening tool for use with children under the age of 21		
CSP	Community Support Programs	MassHealth funded programs which provide community-based supports to help individuals transition to community services after acute residential treatment, with a focus on people who have had relapses	MassHealth	

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CSS	Clinical Stabilization Services	Treatment offered in highly structured residential settings. Services include nursing, intensive education and counseling regarding addiction and its consequences, relapse prevention and aftercare planning.	Mass. DPH	May follow detox. Length of stay is approximately 10-14 days. BSAS standards allow for stays up to 30 days. Covered by some insurance plans including MassHealth. BSAS pays for uninsured individuals.
DEA	Drug Enforcement Agency	agency responsible for enforcing the controlled substances laws and regulations of the United States	Federal agency	Physicians with DEA waivers can provide MAT to up to 30 patients the first year and 100 patients thereafter in a physician's office
DFC	Drug Free Communities	Federally supported Drug-Free Communities (DFC) grants supply up to \$125,000 per year for up to ten years,		The DFC Program is overseen by ONDCP, with day-to-day management conducted by Project Officers (Center for Substance Abuse Prevention/CSAP) and Grants Management Specialists (Division of Grants Management/DGM) at the U.S. Department of Health and Human Services (HHS), Substance Abuse and Mental Health Services Administration (SAMHSA).
DHC Q	Division of Health Care Quality	Licenses general hospitals and outpatient clinics, some of which provide substance abuse treatment services	Mass. DPH division.	
DPH	Department of Public Health		Mass. agency	

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DVS	Department of Veterans' Services			
E-ATS	Enhanced Acute Treatment Services	For individuals with Co-occurring Mental Health and Substance Use Disorders, E-ATS provide diversionary and/or step-down services for those in need of acute, 24-hour substance use disorder treatment, as well as psychiatric treatment and stabilization.	Mass. Behavioral Health Partnership service	See <a href="https://www.masspartnership.com/pdf/E_ATSFINALJul2014.pdf">https://www.masspartnership.com/pdf/E_ATSFINALJul2014.pdf</a>
EBP	Evidence based practice			
EHR	Electronic health record			
EMR	Electronic medical record			
FDA	Federal Drug Administration	Approves medications, including those for treatment of opioid dependence.	Federal agency	
IOPs	Intensive Outpatient Providers			
IVDU	Intravenous drug user			
LAD C-1	Licensed Alcohol and Drug Counselors I			
Mass TAPP	Massachusetts Technical Assistance Partnership for Prevention	MassTAPP provides technical assistance to substance abuse coalitions across the state.	Funded by BSAS of DPH.	

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MAT	Medication Assisted Treatment	Treatment used in detoxification process and to help maintain individuals in recovery.		There are 3 FDA approved medications for treatment of opioid dependence: methadone, buprenorphine (Buprenex®, Suboxone®, Subutex®) and naltrexone (Vivitrol). Suboxone, contains both buprenorphine and the opiate antagonist naloxone.
MOA PC	Massachusetts Opioid Abuse Prevention Collaborative		Coalitions of contiguous communities funded by DPH	
MOAR	Mass. Organization for Addiction Recovery	Advocacy organization	MOAR	
NIDA	National Institute on Drug Abuse			
OBT	Office-Based Opioid Treatment programs	BSAS funds these programs, which are located in health centers.	Mass. DPH	These provide Buprenorphine.
OPP	Office of Patient Protection		Mass. Health Policy Commission	
OTPs	Opioid Treatment Programs	SAMHSA certified and accredited programs following federal regulations.	SAMHSA	Methadone programs are OTPs.
OYAS	Office of Youth and Young Adults		Mass. DPH, BSAS	
PDA	Percent days abstinent			
PDP	Prescription Drug Monitoring Program			

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PDP R	Post Detox- Pre-Recovery Programs	PDPR is a HUD-funded transitional supportive housing program that provides subsidized rooms with some case management services to individuals in early recovery, primarily after detoxification. The intent is to bridge, in the short term, the time between discharge from detox and admission into residential treatment, transitional or permanent housing.	Mass. DPH	
PFC	Prefrontal cortex			
PMP	Prescription Monitoring Program	Program to monitor prescriptions of controlled substances	Mass. DPH	
RCH C	Regional Centers for Healthy Communities	RCHCs help build healthier communities by addressing alcohol, tobacco, and other drug abuse prevention and youth development issues at the local level.	Mass. DPH	
RHS	Recovery High Schools	DPH funded service providing a structured school environment for high school aged youth in recovery	Mass. DPH	
	Recovery homes	Recovery Homes provide a structured, sober environment for individuals recovering from addiction to alcohol and/or other drugs	Mass. DPH	
RSC	Recovery Support Centers	Centers offering supports run by peers to attain and maintain recovery.	Mass. DPH	Funded by BSAS, DPH.

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	Residential Rehabilitation		Mass. DPH	This is a service providing 2341 beds in 2014, mostly for single adults but also serving 117 families. BSAS funds this service.
SADD	Students Against Destructive Decisions			
SAMHSA	Substance Abuse and Mental Health Services Administration		Federal government	
SAPC	Massachusetts Substance Abuse Prevention Collaborative			
SASI	Substance Abuse Shelters for Individuals	SASIs provide shelter for substance abusing homeless individuals whose behavior is difficult to manage and less appropriate for shelter in the general shelter system due to their current substance use. The SASI shelters also maintain a number of stabilization beds for those who seek a referral for substance abuse treatment and demonstrate a desire to remain substance free.	Mass. DPH	
SAVE	Statewide Advocacy for Veterans' Empowerment		Funded by DVS and DPH	



Acronym	Term	Definition	Source of definition	Notes
SBI	Screening and Brief Intervention			
SBIRT	Screening, Brief intervention, and Referral to Treatment	Screening tool to promote early detection and intervention	SAMHSA promoted	
SOAP	Structured Outpatient Addiction Program			
	Sober Homes	DPH funded service providing recovery support through a group home environment.	Mass. DPH	
SRW	Specialized Residential Services for Women	These programs provide a safe and structured therapeutic environment where women may obtain residential substance abuse treatment services while still maintaining custody and care of their children.	Mass. DPH	
SUD	Substance use disorder	When recurrent use of alcohol and/or drugs causes significant impairment including health problems, disability, and failure to meet major responsibilities at work, school, home	SAMHSA	
TSS	Transitional Support Services	Defined as 24-hour short term residential treatment of up to 30 days, providing nursing, case management, psycho-educational programming and aftercare planning.	Mass. DPH	Services are provided to bridge the gap between ATS and residential rehabilitation.  BSAS is the primary payer for TSS services.

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YRB S	Youth Risk Behavior Survey			