

SELECTED BIBLIOGRAPHY ON SUBSTANCE ABUSE TOPICS

Prepared by the Mental Health Legal Advisors Committee
November 2015

MASSACHUSETTS RESOURCES

Resource manuals

Mass. Organization for Addiction Recovery, A Mini Guide with MOAR to Come,
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<http://massclearinghouse.ehs.state.ma.us/ALCH/SA3533.html>

OYYAS Quick Guide / Brief System Overview: Massachusetts Health Promotion Clearinghouse: Understanding Substance Abuse Services: A Quick Guide for Young People & Caregivers - English, <http://massclearinghouse.ehs.state.ma.us/ALCH/SA3531.html>

Current Mass. committees/councils

Mass. DPH Behavioral Health Integration Initiative Committee– addressing agency regulatory barriers that may restrain development of integration of mental health services, substance abuse and primary care, <http://www.mass.gov/dph/integration>

Special Commission on Substance Addiction Treatment in the Criminal Justice System,
<http://www.mass.gov/courts/court-info/commissions-and-committees/csat/>
Massachusetts Interagency Council on Substance Abuse and Prevention,
<http://appointments.state.ma.us/BoardDetail.aspx?brdid=160194>

Massachusetts Hospital Association Substance Use Disorder Prevention and Treatment Task Force,
<http://www.mhalink.org/Content/NavigationMenu/Newsroom/SubstanceAbuse/default.htm>

Massachusetts task force, agency, and related reports

Parent Professional Advocacy League and Mass. Organization for Addiction Recovery, Bridging the Divide: The Struggle for Youth and Young Adults with Co-Occurring Disorders in Massachusetts, <http://ppal.net/wp-content/uploads/2011/01/RR-Grant-Paper-FINAL-1.pdf>

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Center for Health Information and Analysis, Access to Substance Use Disorder Treatment in Massachusetts (April 2015), <http://chiamass.gov/assets/Uploads/SUD-REPORT.pdf>

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Pending Massachusetts legislation

HD. 4211, An Act Establishing a Special Commission on Behavioral Health Promotion and Upstream Prevention (Cantwell). This bill would create a special commission charged with creating the Commonwealth's Promote/Prevent plan. The plan would create an integrated and comprehensive approach to using upstream prevention and promotion in response to our current substance abuse crisis.

H. 970, An Act to promote accessible substance abuse treatment for all – establishes a Behavioral Health Education and Prevention Task Force charged with reviewing national best practices in regards to behavioral health prevention plans and educational curricula appropriate for schools and school-based setting. Also establishes two pilots programs: a community substance abuse walk-in center program (under DPH and subject to appropriation) and Substance Abuse and Primary Care Integration pilot program (primarily the Division of Medical Assistance). Also calls for DPH to establish outcome measurements. All state and local correctional facilities must utilize substance abuse detoxification protocols and procedures approved by DPH. Provides for insurance coverage of buprenorphine, injectable naltrexone, and methadone treatment programs. <https://malegislature.gov/Bills/189/House/H970>

H. 1809, An Act Relative to Medication Assisted Treatment for Opioid Addiction (formerly HD 1425) (Malia). This bill would require MassHealth to cover the administration of all FDA-approved medications in Opioid Treatment Programs (OTPs/methadone clinics), as a means to expand access to medication assisted treatment options for people with an opioid addiction. <https://malegislature.gov/Bills/189/House/H1809>

H. 3817, An Act relative to substance use treatment, education, and prevention (Baker) This wide-ranging bill would: give hospitals new power to force treatment on substance abusers who pose a danger to themselves or others; strengthen a prescription monitoring program, requiring every practitioner to check a database before writing an opioid prescription; increase education about the drugs for athletic coaches, parents, and physicians; limit practitioners to prescribing no more than a 72-hour supply of opioids to patients the first time they prescribe an opioid to them, with exceptions only for certain limited emergencies; and end the practice of sending women struggling with addiction — who are found by a court to pose an immediate risk of harm to themselves or others — to Framingham MCI, <https://malegislature.gov/Bills/189/House/H3817>

S. 284 An Act relative to preventing adolescent substance abuse by expanding SBIRT (Flanagan) This bill would amends Section 57 of G.L. 71 to require all schools to conduct screening, brief intervention, and referral to treatment for substance use to all students, using a validated tool, at least one time annually in grades 8 or 9, and again in grade 11. The bill also calls for reporting of de-identified screening result data to the Department of Public Health. This set of tools, called Screening, Brief Intervention, and Referral to Treatment (SBIRT), helps identify alcohol or drug use and guides follow-up counseling and treatment if a problem exists. With adolescents, SBIRT

is an effective prevention and early intervention strategy.

<https://malegislature.gov/Bills/189/Senate/S284>

S. 578, An Act Relative to Mental Health Certified Peer Specialists (Eldridge). This bill would require MassHealth to reimburse for mental health certified peer specialists services. Peer specialists are an integral part of an effective mental health system.

<https://malegislature.gov/Bills/189/Senate/S578>

S. 586, An Act Relative to Integrated Behavioral Health Care (Flanagan). This bill is one of the Association for Behavioral Healthcare's priority pieces of legislation this session. The bill would transfer authority for the disbursement of Health IT funds from the Massachusetts eHealth Institute (MeHI) to the Health Policy Commission to ensure they reach behavioral healthcare and other providers as the fund's originating legislation intended.

<https://malegislature.gov/Bills/189/Senate/S586>

S.649 An Act to promote the accessibility, quality and continuity of care for consumers of behavioral health, substance use disorder and mental health services (Wolf)

To counterbalance the greater negotiating power of insurers and carve outs, behavioral health providers may speak with one another about and, through a joint negotiation representative chosen by providers, negotiate with a carriers and behavioral health managers concerning fee, fee-related matters and non-fee-related matters which may affect patient care. Any negotiated contracted must be approved by a nine-member Behavioral Health Insurance Contract Review Board, which includes a representative from the National Association of Social Workers - MA and Mental Health Legal Advisors Committee. <https://malegislature.gov/Bills/189/Senate/S649>

S. 1042, An Act Relative to Responsible Stewardship by Drug Manufacturers (Keenan). This bill would require drug manufacturers to fund drug stewardship programs to which individuals could surrender their unwanted or expired medications, mitigating diversion of addictive medication by encouraging its proper disposal. <https://malegislature.gov/Bills/189/Senate/S1042>

S. 2022, An Act relative to substance use prevention (Senate). This bill provides that the municipal police training committee may establish a recruit basic training curriculum for police training schools for law enforcement officers on the application of section 34A of chapter 94C and section 12FF of chapter 112 and on responding to calls for assistance for drug-related overdoses; provides for electronic publication of approved non-opioid drug products that are effective pain management alternatives and have a lesser potential for abuse; provides for verbal substance abuse screening in schools. <https://malegislature.gov/Bills/189/Senate/S2022>

OTHER RESOURCES BY SUBJECT

Prevention

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<http://www.nap.edu/catalog/12480/preventing-mental-emotional-and-behavioral-disorders-among-young-people-progress>

Iowa Substance Abuse Information Center, Prevention Tools, <http://www.drugfreeinfo.org/for-professionals/tools/prevention-tools/>

Treatment

SAMHSA Tip Series -- Quick Guides, <http://store.samhsa.gov/list/series?name=TIP-Series-Quick-Guides>

SAMHSA, Publications and Resources on Mental and Substance Use Disorders, <http://www.samhsa.gov/disorders/publications-resources>
BSAS, Addiction Related Resources, <http://www.mass.gov/eohhs/gov/departments/dph/programs/substance-abuse/data/related-links.html>

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White paper surveying different types of drug abuse treatments suggesting integrated services for successful outcome.

Principles of Drug Addiction Treatment : A Research-Based Guide (Third Edition) , <http://www.drugabuse.gov/publications/principles-drug-addiction-treatment-research-based-guide-third-edition/evidence-based-approaches-to-drug-addiction-treatment> --
Educational Treatise on pharmacotherapies and behavioral therapies providing general descriptions of treatment at different stages of recovery. (2012)

Ramin Mojtabai & Joshua Graff Zivin, Effectiveness and Cost-effectiveness of Four Treatment Modalities for Substance Disorders: A Propensity Score Analysis (2003), <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1360883/> --
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Need for culturally competent/linguistically appropriate services

SAMHSA, Substance Abuse: Administrative Issues in Outpatient Treatment. Ch. 4 Preparing a Program To Treat Diverse Clients, <http://www.ncbi.nlm.nih.gov/books/NBK64076/>

BSAS, Practice Guidance, Making Treatment Culturally Competent, <http://www.mass.gov/eohhs/docs/dph/substance-abuse/care-principles/care-principles-guidance-culturally-competent.pdf>

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Montgomery, L., Sanning, B., Litvak, N., & Peters, E.N., Preliminary findings on the association between clients' perceived helpfulness of substance abuse treatment and outcomes: Does race matter?, *Drug and Alcohol Dependence* (2014)

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